

15th to 17th February 2019	Friday 15th	Saturday 16th	Sunday 17th
<p>Practical first day</p> <p>8.00 - 12.00</p> <p>Break 10.00</p>	<p>8 AM Start Ta'Qali Hall</p> <ul style="list-style-type: none"> ❖ Technique in Futsal ❖ Ball control ❖ Dribbling ❖ Shooting ❖ Passing ❖ Game between participants 	<p>Theory</p> <p>8 AM</p> <ul style="list-style-type: none"> ❖ History of Futsal ❖ Methodology of coaching ❖ Type of coaching ❖ Systems in Futsal ❖ How to make training plan? ❖ Fitness. (Leandros Calleja) 	<p>Theory</p> <p>8 AM</p> <ul style="list-style-type: none"> ❖ Trends in Futsal ❖ Benefit of Futsal for Football ❖ Modern Futsal Coach ❖ GK in Futsal ❖ Developing Futsal: Malta and International ❖ Rule(s) of Futsal. (Referee)
	<p>12 – 14.00 Lunch</p>	<p>12 – 14.00 Lunch</p>	<p>12 – 14.00 Lunch</p>
<p>Theory First day</p> <p>14.00 – 18.00</p> <p>Break 16.00</p>	<p>2 PM Opening by MFA TD</p> <ul style="list-style-type: none"> ❖ What is FUTSAL ? ❖ Analyzing game <p>4 PM Home</p> <p>8 PM Luxol vs Valetta Kordin</p>	<p>Practical</p> <p>2 PM</p> <ul style="list-style-type: none"> ❖ Fitness. (Leandros Calleja) ❖ System by instructor ❖ Technique: <ul style="list-style-type: none"> Group A Group B Group C Group D 	<p>Practical</p> <p>2 PM</p> <ul style="list-style-type: none"> ❖ Defence system(s) ❖ Transistion moments ❖ GK training